



March 2019

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Falls of the Rappahannock

Chapter NSDAR



March Chapter Meeting

The March chapter meeting will be on Thursday, March 14, 7 pm at the Howell Library, 806 Lyons Blvd, Fredericksburg.

Our Program will be on Insignia. The speaker is Kirsten Marshall. Kirsten is a member of the chapter and is Donna Sayre's granddaughter and Heather Marshall's daughter.

Directions:

From Rt. 17 turn onto Plantation Drive then turn left onto Lyons Blvd. The library will be on the left.

Chapter Chat

March 15 - 17 is Virginia DAR State Conference in Richmond

June 26 thru 29 Continental Congress 2019 in DC.

Continental Congress app now available in the Playstore. Use this app to check schedules or view Congress on line.

Please bring the following
to every meeting:

- Box tops
- Ink Cartridges
- Coupons
- Coke bottle caps

For Earth Day we will
need **donations** of:

**Biodegradable seed cups,
bagged soil and non GMO
seeds.** Please bring to March
and April meetings or make
arrangements for pick up.

The DAR School Committee

WILL NOT BE

Collecting used ink cartridges at
State Conference

If you have used ink cartridges to recycle
please e-mail Wanda at

wdeiteme@gmail.com

to obtain a free shipping label

Just place your ink cartridges in a card-
board box, seal and attach the shipping
label and take to your local package store
that ships UPS

Thanks!

SERVICE to AMERICA!

Our Chapter hours donated total as of

February 28,2019

53

Please remember to log your hours!

**[http://services.dar.org/members/committees/
ServicetoAmerica/](http://services.dar.org/members/committees/ServicetoAmerica/)**

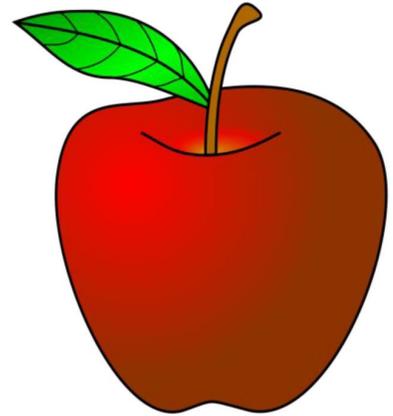
The Service to America! Committee encourages community service by **all**
members on **all** levels as a means of honoring our heritage. You may now
count your DAR hours!

The DAR School Committee

Invites

YOU

To be a



"Red Apple Sponsor"

at the

DAR School Luncheon

June 28, 2019 12:30-2:30p.m.

Constitution Ballroom: Grand Hyatt Washington

You will be Recognized as a **"Red Apple Sponsor"**
When you make your reservation for **10** or More.

Tickets are \$83.32 per person

Make your Sponsor Table Reservations on **EVENTBRITE**

Deadline: June 1, 2019

url: <https://2019-dar-school-luncheon.eventbrite.com>

Yes, I want to be a Red Apple



Sponsor

EARTH DAY CELEBRATION

Chapter Conservation

At the January meeting we voted to apply to have a “Friending” table at the April 27 Earth Day Festival at Old Mill Park. Attending community events is a wonderful way to spread the DAR message and encourage interested women to consider Falls of the Rappahannock as their chapter of choice .

In order to participate we need to have an interactive display. The event organizers have accepted our application, our display and our take home planted seed cup. I hope that everyone will support our chapter in this endeavor and help to make this venture successful by donating of bags of potting soil and the small degradable Jiffy seed starter pots.

We are not allowed to have any paper or plastic items. We will also need some volunteers to help man the table to help the children plant their seeds. If you are able to volunteer on April 27 please e-mail srharvin@msn.com

A different option is to make our own starter cups.

On the following page of this newsletter there are instructions on how to make them from newspaper. If you have time and would like to do so, it would be fun for the kids to be able to use these to take their potted seeds home in. If not, please consider purchasing the pots noted above.



Please volunteer for a fun shift in our chapter's booth as Fredericksburg celebrates **Earth Day at Old Mill Park.**

This will be our 3rd year of participation.

For Earth Day we will need **donations** of:

Biodegradable seed cups, bagged soil and non GMO seeds. Please bring to March and April meetings or make arrangements for pick up. We ran out of seeds last year.

Easy Newspaper Pots

Easy Newspaper Pots from MotherEarthNews.com



First, gather your supplies. You will need newspaper, preferably black and white, with few pictures. Soy-based ink is the best for the planet and your garden, and you should try to avoid colored ink completely. You can call your newspaper to find out what kind of ink they use. You will also need a can. Any can will do! Truly, any kind. That's it! Now for the good stuff.



Double up your newspaper if you have a single sheet. If you have an attached middle section, you won't need to do that. Fold your newspaper section in half, lengthwise. Place your can on one end of the newspaper, so that about half the can is above the paper.



Next, tightly roll the newspaper around the can. Don't worry too much about keeping it lined up, it should work out naturally. Keep rolling the newspaper until you reach the end. Now, this part is important. While holding on to the seam, push the open end of the newspaper down, using the bottom of the can as a guide. This helps to "lock" in your seed pot so that it stays together.



Next, make two other folds to close the bottom of your pot. Again, fold against the bottom of your can as a guide. Now, flip the whole thing over and smash the newspaper down a bit with the can inside, to help make sure the folds will stay. Gently wiggle the can out of the paper. It may seem a little fragile or unstable, but when you add the soil in, it will hold! You can fold down the top a little if you think it needs it. Also, because the bottom overlaps, there is no room for the soil to leak out. This newspaper pot is filled with soil to the halfway point.

This project is very easy and inexpensive. When it comes time to plant, you can open up the bottom of the pot, so that the roots can grow down, and place directly in your garden. The newspaper will decompose naturally.



President General's Message

March 2019

Dear Daughters,

This time of year always reminds me that change can be a good thing, and I am filled with comfort that there is order and pattern in the world even when chaos seems the norm. I know that the cherry trees around the Tidal Basin will again bloom, and Washington, D.C., will soon be filled with tourists from around the world. I know your state conferences will be productive and filled with friendships and fun. Visiting your state conferences has been such a wonderful experience; you never cease to impress me with your dedication to the mission our founders established nearly 129 years ago. Their vision of historic preservation, education and patriotism continues to resonate with our members, and the way you carry it out is as individual and creative as your chapter is.



One particular event in April makes me grateful for the change it has accomplished. April 9, 2019, marks the 80th anniversary of Marian Anderson's historic concert on the steps of the Lincoln Memorial to a crowd of more than 75,000 people. The event was prompted by Anderson not being allowed to sing in Constitution Hall because of a policy at that time that allowed only white artists to perform in the auditorium. This brought about a change to the National Society as well as to the country and became a milestone in the civil rights movement. The Daughters of the American Revolution will join with the nation in celebrating this anniversary with reflection and educational material online and also through commemorative events. You can find more information in the [Marian Anderson section of the DAR Website](#).*

The upcoming [128th Continental Congress](#)* will also be a season of change. This is the third year of the Dillon Administration, and we look forward to welcoming new Executive Officers and many new State Regents. The National Committee Chairs will again prepare brief video presentations summarizing their activities and accomplishments during these past three years. These will be available to view online leading up to Congress. While the next administration's Committee Chairs may institute change, the general focus and mission of the committees will continue to be the same. Service to America Night at Congress is a great opportunity for you to visit with the National Chairs in person and learn more about the work of their committees and how you and your chapter can be involved.

I hope you will plan to join us in Washington, D.C., to attend Continental Congress June 26–30, 2019. The [tentative Congress schedule](#)* is included in this newsletter issue on page 94 for you to begin planning the events you wish to attend. The tentative schedule is also available electronically on the Congress app and is posted on the DAR Members' Website. We have a lot of business to conduct, many awards to present and a few surprises to reveal. Attending Continental Congress provides members with a completely new perspective of the organization, its breadth and depth. Even if you cannot attend this year, plan to come next year. You will be inspired and encouraged by spending time with your friends while making new ones.

I look forward to seeing you there as we celebrate the accomplishments of the Dillon Administration and anticipate the changes inspired by the next one.

Moving Forward in Service to America,

Ann Turner Dillon

President General

Slilent Auction of “Buddy” Prints at State Conference

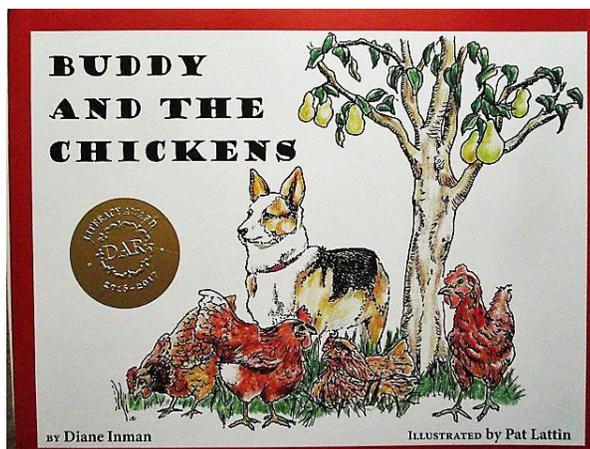
The prints in the silent auction will be available to view on Thursday, March 14 and Friday, March 15 at State Conference. Some prints will be matted and some not. All will be signed and in protective sleeves.

Our thanks go to Patricia Lattin & Diane Inman for this great idea....A piece of the history of the “Buddy & the Chickens” story continues.

See you soon at State Conference

Sharon Steo

Virginia DAR District VI Director



HONOR FLIGHTS

Welcome to our new year with Honor Flight folks!! We are excited to announce that our schedule has been posted on our website at www.heroeswelcomeiad.com for your review on the [2019 schedule](#) page. Signups are NOT posted yet, but will be soon.

What are Honor Flights, you ask? The Honor Flight Network flies veterans from all over the country to visit THEIR memorials in Washington DC free of charge.

Our basic role is to meet, greet, and welcome with as much pomp and circumstance as we can muster. We decorate, play patriotic music, and thank them for their service. The more smiling faces in the crowd to let them know – WE HAVE NOT FORGOTTEN YOUR SACRIFICE – the better!

Our greatest need is greeters at the airport. Many of us assume that our veterans had a warm welcome when they arrived home and in most cases, that was just not true. Many veterans have told us that they didn't receive ANY welcome home, and thought they were forgotten.

Our first flight of the season is a little over one month away, but please visit our site and start marking your calendars!!!

4/23 - Tuesday **TBD**

1. Southern Arizona Honor Flight 75 Veterans / 75 Guardians

Arrive: 1:30PM

Depart: **4/24** 6:00PM (4:00PM Return to Airport)

Prom Dresses for KDS and Crossnore Schools

Virginia Daughters,

It is once again time to help Put Your Best Foot Forward!
We are looking for gently used prom, homecoming, and brides-
maid dresses to donate to the girls of KDS and Crossnore.

Please bring your donations with you to State Conference. These donations will enable the girls to try on and “shop” for their perfect prom dress. All dresses that are not selected will go to the Crossnore store to be sold to support the school or used by the KDS drama department.

For those Regents already thinking about next year's CMR, donations help to support Conservation, DAR Schools, and Juniors!



LET'S GIVE THESE GIRLS A NIGHT TO REMEMBER AND THE OPPORTUNITY TO PUT THEIR BEST FOOT FORWARD!!

George Washington's **Rules of Civility & Decent Behavior** IN COMPANY AND CONVERSATION

By age sixteen, Washington had copied out by hand, 110 *Rules of Civility & Decent Behavior in Company and Conversation*. They are based on a set of rules composed by French Jesuits in 1595. Presumably they were copied out as part of an exercise in penmanship assigned by young Washington's schoolmaster. The first English translation of the French rules appeared in 1640, and are ascribed to Francis Hawkins the twelve-year-old son of a doctor. Today many, if not all of these rules, sound a little fussy if not downright silly. Below are the first 5 Rules

1. Every Action done in Company, ought to be with Some Sign of Respect, to those that are Present.
2. When in Company, put not your Hands to any Part of the Body, not usually Discovered.
3. Show Nothing to your Friend that may affright him.
4. In the Presence of Others Sing not to yourself with a humming Noise, nor Drum with your Fingers or Feet.
5. If You Cough, Sneeze, Sigh, or Yawn, do it not Loud but Privately; and Speak not in your Yawning, but put Your handkerchief or Hand before your face and turn aside.

Library of Virginia

Genealogy Talk | A Conversation with Kenyatta D. Berry

Wednesday, March 27, 2019 | 5:30–7:00 PM

Library of Virginia Lecture Hall

Cost: \$10 (Free for Semper Virginia Society members)



Preregistration required: <https://kenyattaberry.eventbrite.com>

Kenyatta D. Berry, co-host of the popular PBS series "Genealogy Roadshow," joins us to discuss genealogy, family history, and her new book. "The Family Tree Toolkit" is designed to help genealogists navigate the sometimes overwhelming, sometimes treacherous, and sometimes exhilarating waters of finding ancestors. Topics include how and where to begin, what records are available online and in repositories, what to do once you find the information, how to share your story, and—of course—DNA discoveries. Berry is a professional genealogist, lecturer, writer, and attorney whose career spans 20 years of data collection, in-depth genealogical research, and historical content in the discipline of genealogy. A book signing will follow the talk.

For more information, contact Ashley Ramey at ashley.ramey@lva.virginia.gov or 804.692.3001.

Friends of the Virginia State Archives Annual Spring Conference

Straight to the Source: An Introduction to Research Using the Collections at the Library of Virginia

Friday, March 29, 2019 | 8:30 AM–3:00 PM

Library of Virginia Conference Rooms

Price: \$50 (\$35 for member of the Friends of the Virginia State Archives) includes a box lunch.

In cooperation with the Library of Virginia, the Friends of the Virginia State Archives present their annual Spring Conference featuring presentations by the professional Library staff about the collections at the Library of Virginia.

Pre-registration is required by March 25, 2019. Attendance is limited.

Learn more at friendsvirginiaarchives.org or email straight.to.the.source@gmail.com.